

Saved By Steve Hogg!

With all the comments on Steve Hogg's articles, I thought I would write about my own story and experiences with him. A few weeks ago I celebrated my first 160 km ride in 19 years. This is something I thought would never happen - it's a true miracle that I'm riding again. In mid 1983 I developed a chronically sore knee problem, which ended a rather promising amateur cycling career (I had previously competed in NZ at the national level). Since then I haven't been able to ride more than five km without chronic knee pain.

Illnesses last year motivated me to get back on my bike and get fit. After not having much luck with some 'highly recommended' medical specialists, I read about Steve in your magazine, called him up and made an appointment He's been working with me ever since. I'm a challenging case, requiring someone to delve deeply into the root cause.

With Steve's positioning advice and his referrals to other like-minded people I have been able to ride again. I've been riding for nine months and still suffer a minimal amount of pain in my right knee. This is diminishing over time and is certainly considerably less than what I have experienced over the last few years. I feel that with another six months I'll be good as new. The best thing is that I'm back on the bike and I've rekindled my passion and love for riding which is something I thought I'd lost forever.

Some of the articles (about Steve) remind me of a time when people were condemned for thinking that the world was anything but flat or that it wasn't the centre of the universe for that matter. I think that it takes great courage to think outside the square and put one's livelihood on the line like Steve does.

I've found Steve to be nothing but honest and attentive to my cause. His straight to the point, 'no bullshit' approach stands out amongst a sea of mediocrity and professionals who are looking for the next person to fund their new car or house extension by providing a shallow and purely skin-deep band aid service. Personally, I'm at a loss to know how to thank Steve. What can I do for a guy that has given me back the gift of cycling?

That is truly priceless.

David Heatley

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